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The official newsletter of the Highgate (WA) Sub-Branch of the Returned & Services League of Australia

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Honour Avenue
To Be Advised

FORTHCOMING MEETINGS

Committee: 1000 hrs Monday

10 March 2003

Luncheon: 11:30 hrs for 12:30 Hrs

1'7 March 2003

Assistant Cashier for February
Ken Birks
Please bring correct money
\$25.00

Monthly Luncheon 17 February 2003

Venue: Gallipoli Room, Anzac House

Time: 11:30 hrs Fellowship 12:30hrs Luncheon

Speaker: Ms Elaine Robinson BA (Hons)

Topic: Shell Shock and Australian Soldiers in

World War One

Presidents Annual Report - Presented at the AGM December 2002

It has been an honour and indeed a great privilege to serve as the President of Highgate over the past year. To be associated and working with arguable the State's most dedicated and leading Ex Service men and women has been a most humbling and rewarding experience.

Highgate's contribution and achievements within the RSL of this State are well known and acknowledged by the State Headquarters. This year as usual has been a busy one.

- 1.Our Honour Ave Sub Committee, of 17 members has completed another wonderful year of service to this State, Kings Park and to the memory of fallen comrades. These happy band of brothers are regarded as truly our quiet achievers.
- 2. Like wise, the Sub Wardens of some 27 members have completed another year of dedicated service attending to over 37 services at King's Park and Fremantle (ably led by Ron Stone). One of the most memorable was the ANZAC Day Dawn Service at Kings Park, to witness the Dawn breaking over the park whilst 25,000 citizens paid homage to our fallen, experiencing the solemnity of the occasion, one will never forget. To both these Groups of enthusiastic and dedicated members we salute you.

The introduction this year of making our new members welcome by appointing greeters on arrival to our luncheons, together with our new members joining application form (which gives a brief history and the concept of Highgate and presents a programme of events). I believe this will further foster good fellowship and understanding. Thank you to the SVP and all the members who have assisted in the programme.

The traditional ANZAC Gunfire Breakfast was again well supported with 94 members and guests in attendance. Next year, Highgate will celebrate its 50th ANZAC Gunfire Breakfast and the SVP is planning something special for this event.

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The 86th State Congress again was well supported by the Highgate Sub Branch with no less than 12 members in attendance.

The July Octogenarian "Birthday Boys" luncheon has developed into "a must attend luncheon". This year we honoured 31 members and we all had a wonderful feeling of pride to have so many eminent eighty-year-olds in our Sub Branch. The presentation of each birthday boys CV by the JVP added something special to the occasion, an excellent day, 121 attended the luncheon.

Our monthly luncheons have been attracting on average over 100 members and guests, which without doubt are due to the quality of our Guest Speakers, the Governor's presentation being the highlight of the Year. Thank you again Jim Eayrs for your contribution by securing the guest speakers

The Carine Ladies Luncheon in August was another outstanding success; once again every one enjoyed the convivial and happy atmosphere. We were over subscribed by 5 members this year, so to avoid disappointment next August please be early.

Once again the annual Poppy Day was a great success raising over 12,000 dollars thanks again to Tom Horton, Peter Hummerston and all those members who provided their time and wonderful support to this most worthy cause.

The great work conducted weekly by our pension councilors Jim Eayrs RAAF Estate Bullcreek on Wednesdays, & John Jackson & Bob Mees at DVA Perth on Thursdays continues to give wise council guidance and assist all our members in need.

I must acknowledge to those members who each year when submitting their subscriptions voluntary donate generously to our general fund, I thank you most sincerely on behalf of Highgate for you generosity.

Highgate this year donated over \$6000 to a number of worthy groups

- Legacy \$2500,
- RSL War Veterans Homes Menora \$2292 shower commodes,
- Honour Ave \$265, Rover Scouts \$150 and
- The Girrawheen High School Cadet Drum Band \$827 towards drum equipment.

One of the most consistent and conscientious attendance as a Sub-Warden, Honour Ave member and as Highgate's welfare officer has been Don Meredith who unfortunately has not been well. Don leing the positive person that we all know him to be,

at the moment is planning the relocation of his wife Kath and himself to another home, that's in between his visits to his specialist. Don apologies for not being present today and sends his very best wishes to all, for the festive season and will be at our next meeting in February.

It would be remiss of me if I were not to acknowledge the wonderful support afforded to me by all the committee members, in particular Barry Long Secretary, Brian Martin Treasurer, Jim Eayrs SVP, Ian Mullholland JVP and John Jackson IPP. Also to all the helpers assisting our monthly luncheons, enabling this Sub Branch to enjoy another excellent and rewarding year and making my term in office a most memorable one.

Finally I wish to convey to all members, their families and loved ones the very best for the forth-coming festive season and look forward to seeing you all in the New Year.

Don Blair

Highgate Sub-Branch - Honoured

The Australia Day Council has honoured Highgate with the award of the Australia Day Medallion.

The presentation is to be conducted at our February Luncheon Meeting.

The Honour Avenue Sub-Committee – need more willing workers if you have time on a Tuesday please see Alf Till.

Name Tag Boards

The Name Tag boards have been rearranged into an ALPHABETICAL system for members.

The Name Tag Boards require some refurbishment.

Please talk to the SVP if you are able to assist.

Hospital Visits	Welcome New Members
In December - Victor Murray and Pat Mehan were in over Christmas, Alf Till Home 23 December ex QE11.	Members please make our newer members welcome:
For January - Vic Murray home 7 Jan; Sam Dallywater home 11 Jan; Ted Stevenson home 22 Jan; Percy White home 28 Jan; Ken Allsopp 29 Jan and Pat Mehan anticipates being home by the end of January. Ken Bladen on Don Meredith's behalf	Wendy Healy, transferred from Riverton; Chris Baker, RSM 13 Bde; Keith Chapman, (transferred from Morley/Bedford); Max Walters and Brian French.

Sub Wardens Duties

Wreath laying ceremonies currently scheduled at the State War Memorial, Kings Park:

Sunday 9 February

10:45 hrs for 11:00 hrs

WRAAC Association

From the Desk of the Senior Vice President

February Guest Speaker

Elaine Robinson will speak about "Shell Shock and Australian Soldiers in World War One". The talk is based on a study of the period up to 1921, for her Honours thesis, Elaine looks at how the authorities and soldiers viewed Shell Shock.

Elaine will cover some of myths and hysteria of the times:

Shell shock particular to WWI

First thought to be caused by lesions in the central nervous system –

unconsciousness- soldier shaken by experience

This definition denied the traumas of modern warfare and effect on soldiers

The term itself abandoned by the middle of the War

Neurasthenia, Hysteria, Shell Shock explained

Education a factor?

Australian differences.

Highgate Programme Diary Notes 2003

April 25 Gunfire Breakfast WA Club (50th Highgate Breakfast)

July 12 &13 State Congress 2003 July 21 Birthday Luncheon

August 28 Ladies Luncheon Venue Carine

November 7 Poppy Day November 28 Ladies Dinner

December 15 Election of Office Bearers for 2004

February 16, 2004 AGM

Ian ("Mo") Mulholland SVP



Hollywood offers new FREE bus service

Hollywood Private Hospital is delighted to advise that a **free bus service** will be introduced from Monday 20 January 2003.

There has been some discussion within the Veteran community that it is difficult for the spouses of entitled Veterans who live in the outlying areas of Mandurah, Rockingham, Joondalup and Armadale to visit their husband/wife whilst they are an inpatient at Hollywood.

The service had been introduced to help alleviate this issue and because Hollywood is committed to the Veteran community.

The bus will operate four times a week, Monday to Thursday, on the following timetable:

- Monday and Thursday Mandurah/Rockingham to Hollywood and return
- Tuesday Joondalup/Merriwa RAAFA Estate to Hollywood and return
- Wednesday Armadale to Hollywood and return

Bookings are essential. For more information or to make a booking, contact the Community Relations Department at Hollywood Private Hospital on (08) 9346 6664.

For more information please contact: Jayma Knudson

Community Relations Hollywood Private Hospital Telephone: (08) 9346 6664 Fax: (08) 9389 8470

Don't forget Luncheon Costs have Risen to \$25.00 in 2003

The cost of our Luncheons has been maintained at \$20 over the last (3) Years, however, ANZAC House have (due to a losses in the catering section) increased their charges for a two course meal, thus requiring our charge to rise to \$25 as from February 2003. The meals served downstairs in the bar have already risen. The raise in price will allow the Highgate to be able to maintain the cost for at least the next year or so, where else in town can you get the fellowship and lunch with wine and a speaker for such a price??

Your Committee 2003

No	Portfolio	Name
1	President	Don BLAIR
2	Senior VP & Editor	Ian MULHOLLAND
3	Junior VP	Mike RUFFIN
4	Past President	John JACKSON
5	Secretary	Barry LONG
6	Treasurer	Brian MARTIN
7	Editor	Senior VP dual portfolio
8	Custodian	Warren SMITH
9	Historian	Phil LOFFMAN
10	Welfare Officer	Don MEREDITH
11	Pensions Officer	Jim EAYRS
12	Honour Avenue Representative	To Be Advised
13	State Branch Representative	Bob MERCER
14	Sub-Warden Representative	Ron STONE
15	Committee Member	Bob ELLIOT
16	Committee Member	Tom HORTON
17	Cadet Liaison	Bob MEES
18	Committee Member	Otto PELCZAR
19	Committee Member	Alan SAVILLE
20	Committee Member	Les STEWART

Congratulations:

Highgate congratulates members Ken Bladen and Rod Willox on the award of the AM.