



# HIGHGATE



## NEWS

**Issue 496**  
**June 2010**

**Website:** <http://Highgate-rsl.org.au>

The official newsletter of the Highgate (WA) Sub-Branch of the Returned & Services League of Australia

### MONTHLY LUNCHEON

**Monday 21 June 2010**

**Venue:** Gallipoli Room

**Time:** 1130 hrs—Fellowship

1215 hrs—Luncheon

**Guest Speaker:** Major Steve Milton

Steve enlisted in the Army in 1974 and served across WA and the NT in various leadership and instructional roles while pursuing a career in Public Education.

In the 1900s he served as a Company Commander with 11/28 Battalion, including a deployment in Malaysia.

In 2009 he was deployed to the Middle East as a Staff Officer assisting in Iraq and Afghanistan.

Currently, Steve with his family runs a beef breeding herd and olive grove in Balingup.

Each year Steve is a trek leader on the Kokoda Track in PNG

**Topic:** Operations in Afghanistan

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### PRESIDENT'S MONTHLY REPORT

In organisations such as ours that function on the basis of voluntary labour it pays to be a good juggler – so much to be done, so many demands. We hope to catch all of the musts, most of the shoulds but from time to time have to drop a few called 'could'. It is not easy to please all members but if you have an idea or initiative, your Committee looks forward to hearing from you.

We welcome home one of our skilled jugglers Bob Arnold who diligently ensured that the last newsletter was in your mailbox before his imminent departure for distant shores. He's only just back so that's a good enough reason for this edition to be a day or so later than usual.

A big thank you to members for their positive feedback following the Gun-fire Breakfast. In a break with tradition the Guest Speaker was a 12 year old Scotch College student Mac Hanlin who wrote and staged a short piece

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### FORTHCOMING MEETINGS

**Committee:** 5 July 10

**Monthly Luncheon:** 19 July 10

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Jim Eayrs  
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#### **Cadet Liaison**

Dual Appointment  
Leon Griffiths



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'Gallipoli'. His performance was quite remarkable for one so young. With arms extended and voice lowered young Mac played each of the roles, sound effects too, and mesmerised us all. The impact of his delivery brought tears to some eyes as well as a loud round of applause. I was delighted to learn that on return to school after the holidays he was presented with an Outstanding Achievement Award. We were also joined at the breakfast by a group of young Rotary Exchange Study Tour students from Normandy, who on a 'day off' were fully immersing themselves in various ANZAC Day activities. Their presence added to the ambience of the occasion and the wonderful camaraderie that exists between friends and like-minded souls.

At the May Luncheon John Cleary and Howard Montague were elected to the Highgate Committee and extended a warm welcome. John had responded to the call for a volunteer to take over the responsibility for maintaining Highgate's website and will do so in the next few weeks. Many of our newest members have been introduced to Highgate through Howard who now joins the Committee as our Membership Officer. I sincerely thank John and Howard for accepting these positions and trust that they will derive much pleasure from being more deeply involved in Sub-Branch activities.

Professor Murray Lampard was the May Guest Speaker. Many will remember him from the days when he was Deputy Commissioner of Police and those with a longer memory may have known him as Bombardier Lampard. Murray had much to say about home grown terrorism, complacency within our community, and the need for public security.

I welcome the initiative of Ken Bladen who has been organising lifts for members who are unable to use public transport and who otherwise would not be able to attend Highgate functions. This is a very good example of comradeship in action. If you could do with some help please let us know.

The July OBE (Over B\*\*\* Eighty) Luncheon is one of the highlights in the Highgate calendar. This year 7 members will celebrate their 80<sup>th</sup> birthday, and 12 will reach the venerable age of 90 years. Please mark 19 July in your diaries and make a very special effort to attend.

Since the appointment of Matthew Holyday as ANZAC House Manager I have noticed that the atmosphere within the ANZAC bar area and dining room upstairs is much improved. Matt has been helpful in facilitating the luncheons and some of the difficulties that we were ex-

periencing have eased. However for catering and organisational purposes it is imperative that members continue to notify their intention to attend a luncheon. With some fine tuning the system of 'booking in' no later than the Wednesday prior to a meeting, is working smoothly.

Looking forward to your company at the June meeting. Until then, take care.

Martyn

### CEREMONY AT

### HIGHGATE COTTAGE HOMES FOR THE AGED

On 22 April I conducted an ANZAC theme ceremony for the residents of Highgate Cottage Homes For The Aged. This ceremony has been conducted at the Home for the last 10 years and is very much appreciated by the residents. The residents are very elderly and consist mostly of ladies, who honor their late loved ones by wearing their loved ones medals and the laying of a wreath at the base of the Home's flag pole.

About 30 residents attended. The ceremony consists of a rendition of the poem "Our Australian Flag", The Lords Prayer, laying of wreaths, Last Post, the Ode and then Reveille. I placed a wreath, on behalf of Highgate RSL members at the base of the flag pole. The card simply states "Lest We Forget from the President and Members of Highgate RSL".

Also in attendance was the Home's companion dog Tuppy who recently injured her hind leg and walks with a limp. But that's ok because everyone else does as well. The dog is a fairly recent addition to the Home and is well looked after and much loved by the residents. I notice that she is gaining weight. I wonder why.

**Jim Eayrs**  
Pension Officer



### Not found in the Oxford Dictionary

Coward: One who in a perilous emergency thinks with his legs.

Habit: A shackle for the free.

Self-evident: Evident to one's self and nobody else.

Bore: A person who talks when you wish him to listen.

Actually: Perhaps; possible.



## SUB WARDENS DUTIES

### **Wreath Laying Services currently scheduled at the State War Memorial Kings Park**

Tuesday	1 June 2010	1930 hrs - Australian Navy Cadets and Singapore Navy Cadets.
Monday	2 June 2010	0915 hrs for 09450 hrs - Indigenous War Graves Committee - Commemoration of Indigenous Veterans
Friday	25 June 2010	1000 hrs for 1030 hrs - KASEAVA & RAR Assn 60th. anniversary start of Korean War.
Saturday	3 July 2010	0830 hrs for 0900 hrs - RWAR Association 50th. Anniversary Celebration.
Sunday	11 July 2010	0930 hrs for 1000 hrs - Z Special Unit International.

**A**s an editor I always welcome short anecdotes of a personal nature for inclusion in our newsletter and when reading the item from Margie, below, it triggered my memory of a recent incident, also below.

*Editor.*

### Incident 1

It's always amazing the amount of knowledge that I pick up on the train. This morning, a young guy told his friends that he now knows the meaning of ANZAC. Did you know that it stands for

Australia & New Zealand Army Cookies  
His well educated friend, dressed in black shoes, black jeans, black t-shirt & jacket, black beanie with a skull embroidered onto it and accessorised with a skull ring informed him that he was wrong. He quickly replied that ANZAC stood for Australian and New Zealand Army Corporation

Well, I suppose he was closer to the truth.

Got to love the youth of today.

**Margie Bradley** (Richard Adam's Partner - lucky Richard)

### Incident 2

Whilst struggling to extricate a heavily laden luggage trolley from a lift at Zurich Airport the lift doors decided to close. Picture a left forearm in the way and the combination of a closing door a heavy trolley being forcefully moved and an arm jammed and scraping against a lift door; result - a reasonable gash and marked flow of blood. What to do - charge wife with standing by the luggage and find assistance. (The outcome of leaving luggage at an airport unattended leaves much to the imagination)

Grasping a blood soaked handkerchief over the wound I went in search of help and shortly sighted a Security Officer; he assessed the situation and said follow me. We went to a pharmacist who looked at the result of an altercation between a lift door and an aged arm, made a hissing sound with his tongue, shook his head and said a few words in the, I presume, Swiss tongue. Off we go again for what seemed to have been a kilometer at least (Zurich is a very big airport) and we arrived at the airport medical centre. Efficiency took over.

jump suit, greeted me with an endearing smile, which she managed to combine with a look of real concern, and then called the doctor. Another short conversation which I heard, but to which, because of the language, I could not be a party, ensued. The doctor then told me that because of my "???" skin which I believe meant "like paper", suturing wasn't the best option and that they would clean, sterilize and dress the wound and as I couldn't remember when I last had a tetanus injection they would also give me one. Off he went and left me in the hands of his oh! so classy nurse. The dressing, bandaging and needle were most gently administered and then came the paperwork. - No, rank and name, DOB, Address, telephone etc. etc. - I passed the completed form to the nurse and the dear girl said I think that you have made a mistake here sir shouldn't it be **1939**, not **1929**. I was smitten.

Prior to leaving I was given a survival kit of several bandages a packet of 20 high tech dressings, a tube of antiseptic cream and a bill, the equivalent of A\$120.00 - All had gone like clockwork. God Bless the Swiss.

**Bob Arnold**

A really gorgeous blonde, clad in a white

### **NEED A LIFT TO ANZAC HOUSE TO ATTEND MONTHLY HIGHGATE LUNCHEONS?**

If so please contact me personally on 9244 8072

*Ken Bladen*

### **A REMINDER**

**For those not on the Permanent's List, FOR THE JUNE AND SUBSEQUENT LUNCHEONS, please advise Bob Arnold.**

**Bob's contact details are:**

**TELEPHONE: 9448 2757**

**EMAIL: arnold@wn.com.au**





### **FAIRY TALES COME TO HOLLYWOOD!**

(With thanks to Richard Calautti - Hollywood Private Hospital)



gether messages about health and wellbeing and emphasises the skill of the hospital's specialists in restoring patient health.

Marketing Manager Penny Tasone says: "There is a 'happily ever after' theme to the ads. For example, with the Humpty campaign, the message is that the skill of our specialists and nurses can put Humpty together again. Our main message is that we are here to help you get back your quality

**Y**ou may have noticed some of Hollywood Private Hospital's billboards at various locations around Perth utilising some of our most loved childhood fairytales. The idea behind the imagery within the campaign is to highlight the hospital's specialty offerings and its commitment to health and wellbeing.



Using the stories that we all know, such as Humpty Dumpty, Snow White and the Seven Dwarfs, Alice in Wonderland, and the Boy and the Dyke – the campaign cleverly brings to-

of life."

"Specialists and nurses are now highly attuned to lifestyle factors and mental health issues, and how these play into the physical wellness of a patient. These have been incorporated into the campaign."

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**HOLLYWOOD  
PRIVATE HOSPITAL**