



HIGHGATE



NEWS

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The official newsletter of the Highgate (WA) Sub-Branch of the Returned & Services League of Australia

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MONTHLY LUNCHEON AND AGM

Monday 15 October 2012

Venue: Gallipoli Room

Time: 1130 hrs for 1215 hrs

GUEST SPEAKER: John BURROWS. John was a Regular Army Officer who went through OCS Portsea, before seeing action as an Inf Platoon Commander in SVN - later serving with the SASR. A retired Lt Colonel, he has spent years as a widely respected Advocate. **Topic:** The DVA today.

REMEMBRANCE DAY LUNCHEON: Bookings are going well: over 90 so far. **BUT A REMINDER: Cost of \$45 a head is for Financial Members of Highgate (and their spouse/partner) ONLY. Cost is \$70 a head for non-Member guests.**

For the next Luncheon (15th October) PLEASE enter your name electronically on the BOOK-IN SHEET (by Friday 12th October, for the next one), using the link previously emailed to you. FOR THOSE WITHOUT email please call Margot Harness on 9293 1076 (or any of the committee listed at left). If you need the link again send an email to Margot or our Treasurer (see email on front cover) and request it. Please note that the Book-In Sheet allows you to place yourself on a PERMANENT basis.

President's Report

The Annual General Meeting has concluded successfully and I wish to thank those members who made the effort to attend.

We have a new look committee with two new committee members, Steve Chamarette JVP and Adrian Young, Membership Officer. This will enable us to consolidate our activities for the coming year and hopefully encourage new members to swell our ranks. Our thanks go to Ian Petkoff for filling the SVP role for the past year – I am sure he will be back in the future. Jim Boot again volunteered his services as auditor and his appointment was formally ratified at the meeting. Thank you Jim.

With respect to the new RSL State Executive election, relevant information and election timetable has been sent to all Sub Branches that will culminate in a poll scheduled for the December 6. All positions are open for nomina-

FORTHCOMING MEETINGS

LUNCHEON - 15 October 2012

(Committee: 10am same day)



ation with the exception of the Regional representatives. If you are interested in any of the Executive positions please let the committee know so you can be formally nominated at our next meeting. Give it some thought – we need some new blood in these important positions.

Planning for the Memorial Lunch is well under way and we anticipate a full attendance on the day. The cost of the lunch is generously subsidised for all members and partners. Special guests have been invited by the Sub Branch to share in the ceremony and enjoy the lunch afterward in the beautiful setting of Kings Park. Either book on line, fill out the booking form in this edition or contact Margot Harness on 9293 1076 to ensure a place. If you wish to arrange seating please contact Martyn Thompson on 9383 2681.

After this function we are then on count down to the Christmas festivities, followed by a break over the summer period. It would be a great idea for members to have a look around for some items to donate so we can hold a monster raffle for our Christmas function and everyone can win a prize - see what you can do.

Yours in friendship, Leon.

WA AGED SAILORS, SOLDIERS & AIRMEN'S RELIEF TRUST FUND

Ready to Assist Veterans and Dependents in need or necessitous circumstances

Apply: Welfare Officer - (08) 9287 3707

A "Pun can be Fun" Corner

There were three Indian squaws. One slept on a deer skin, one slept on an elk skin, and the third slept on a hippopotamus skin. All three became pregnant. The first two each had a baby boy. The one who slept on the hippopotamus skin had twin boys. This just goes to prove that..... the squaw of the hippopotamus is equal to the sons of the squaws of the other two hides.

HAVE YOU SENT IN A CV?? Are YOU on the "Hall of Honour"?

The late Phil Loffman did a marvellous job for years, documenting Highgate's history - and maintaining a Book of individual photos and brief biographical notes of ALL members who'd joined over the years from its inception. This became increasingly difficult to maintain as time passed; it was hard to incorporate new information, photos etc into a book, in an orderly way.

This is why the job of "Sub-Branch Historian" was shifted over to the web-site, where new photos and "biog" summaries could be more easily added in - and we congratulate and thank John Cleary, who works assiduously to keep this up-to-date and informative.

Accessing the "Hall of Honour" via our Sub-Branch web-site is easy. Every member who has provided a photo and CV is listed alphabetically. Deceased members have a large 'asterisk' on their entry, to signify that they have died.

I have noticed that a few of our members are NOT on the "Hall of Honour" section. We really encourage EVERYONE to provide a small photograph of your face (preferably taken during service days) and a brief summary of your service history.

These can be e-mailed direct to John: **Email:** john.cleary@highgate-rsl.org.au; or handed to our Secretary, Ray Galliot at a monthly Luncheon, or physically posted to Margot Harness, 32 Lenori Rd GOOSEBERRY HILL WA 6076.

CALLING ALL YOU COMPUTER BUFFS:

How many of you have checked out the Highgate RSL web-site?? If you haven't - why not take a peek? John Cleary has done a marvellous job putting it together. Check out your own photo and brief CV on the "Hall of Honour": http://highgate-rsl.org.au/hall_honour3.php

There is also a direct LINK to the current Newsletter at any time (as well as accessing previous copies). Go to the Highgate RSL Sub-Branch web-site. The Link is:
<http://highgate-rsl.org.au/documents/HighgateRSLJuly12.pdf>

NEED A LIFT TO ANZAC HOUSE TO ATTEND MONTHLY HIGHGATE LUNCHEONS?

If so please contact me personally on 9244 8072

Ken Bladen



SUB WARDENS DUTIES

Wreath Laying Services currently scheduled at the State War Memorial Kings Park

Friday, 26 October 2012 : 1800 for 1830 hrs - RSL WA Branch Inc (Annual Wreath-laying Ceremony)

"Heave Ho and Ahoy there - me Holiday Hearrrties ... "

Your Sub-Branch Committee is seriously depleted at the moment - one by one, they've been traipsing off to more fascinating climes ... without as much as a backward glance.

SVP, Peter FARRELL (and wife, Judy) are currently chugging along Britain's Grand Union Canal in a barge, taking in the sights and seeking regular refreshment at canal-side pubs. Sigghhh

Treasurer, Richard ADAMS (with girlfriend, Margie) travelled to Venice before cruising the Mediterranean on a luxury cruise liner. He assured us before he left that he'd be taking his rock'n'roll dancing shoes and his flippers (just-in-case they find they have a flamboyant Italian captain). "Boppin'" is preferable to "bobbin'-on-the-waves" eh Richard?

Webmaster, John CLEARY - always in demand by big businesses due to his formidable IT talents, has been contracted in Queensland for months, and celebrated the end of that contract by tootling off to Nusa Lembongan (an island off Bali) with wife Brenda.

Deputy Warden of the SWM, Geoff Simpson - is another notable absentee. Geoff and wife Margaret have spent a week on a self-drive barge on a river in southern France, sandwiched between extensive touring and sightseeing in the Netherlands, Belgium and France.

Let's hope that they will all soon be back - re-energised and bristling with vim and vigour for the year ahead!

"The Way We Were" Gallery Our Golden Oldies

Bob Arnold, who taught himself the "Publisher" computer programme and edited this Newsletter for a noteworthy eight years before being 'relieved', has been a member of Highgate Sub-Branch for a long, long time. He has also been a member of Perth Legacy for 35 years - always ready to help bereaved widows. I always think of Bob as exemplifying the ads for BP Mining: he really IS "a quiet achiever".

Bob enlisted in the Army in March 1947 and was part of BCOF in Japan shortly afterwards. He was commissioned in 1957, and over the following few years served with a Training Battalion in Puckapunyal, then various RAAOC (Ordnance Corps) postings, before taking command of 2 Advanced Ordnance Depot Vung Tau (South Vietnam) - which was not only one of the most personally satisfying periods of his life, but was recognised by a Mentioned in Despatches (MID) and Distinguished Service Medal (DSM).

When Bob left the Army in 1978, it was at the rank of Lieutenant Colonel. However, a raft of civilian jobs followed, and a little bird has told me that he was good at them all. Never one to "just sit" - Bob worked until finally retiring at the age of 74 years.

Bob has been married to Gloria for 60 years, with three adult children. He is a member of the Defence Forces Welfare Association, a founding member of the WA Self Funded Retirees Assn and librarian of the RAA Historical Society. Phewwwwww.

Keep on keeping on Champ!!



LAST POST

Bohdan Generowicz

Lest We Forget

**HOLLYWOOD VOLUNTEERS GIVE GENEROUSLY**

Hollywood Private Hospital is a caring environment - the spirit of which permeates all levels of the Hospital's service and level of care. With a "pool" of almost 100 active volunteers, approximately 50 - 60 volunteers provide up to 200 hours each week, as a valued adjunct to the high quality of care provided by the paid staff.

"Volunteers offer services and benefits that are additional to the essential hospital services of Hollywood" says Helen Morrell, the Volunteer Manager. "They add to the hospital's core business of caring". Helen herself joined the Hollywood team two and a half years ago and has worked tirelessly to build the profile of volunteer services at the hospital.

"Ideally, I'd like volunteers in every ward throughout the hospital. Hopefully, that will come in time as volunteer numbers increase. Many of the wards generally have at least one volunteer present each week day. A priority now is to have daily volunteers in the oncology and rehabilitation wards. The human touch often contributes to healing and comfort which is why massages are of such value", she explained.

General patient support by the volunteers include games with patients, room and taking patients wheelchair. Other initiatives include companionship for longer-term patients, coordinating the book trolley (which now has hundreds of books), manning guiding visitors and offering courtesy buggy service grounds.

A very popular initiative has been the provision of patient hand and foot massages - well-comed greatly by those undergoing chemo-therapy and infusion treatment as well as longer-stay patients.



A small cross-section of some of the cheery, generous-hearted volunteers at HPH who deliver that "extra" measure of caring and healing to appreciative patients, and really help 'make a difference'.

Helen undertakes to ensure that all new volunteers to the programme receive a one-day orientation to induct them into the rules, procedures in place at HPH, as well as safety issues, infection control and wheelchair handling. On-going instruction is provided through e-learning modules.

Volunteer services are increasingly being sought as staff and patients alike realise their value. Moreover, volunteer feedback clearly conveys that volunteers themselves derive enormous satisfaction and gratification for their efforts, knowing that they make a meaningful contribution to the healing process of patients and help cheer them up.

And a last word from Helen: "It is evident that volunteers offer immense value to some patients that is very difficult to quantify. Some of the stories I have had the privilege of hearing are truly amazing. Words sometimes are not adequate to describe just how a volunteer has helped someone cope with a difficult situation".

Hollywood always welcomes new volunteers to join the team and offers a range of roles to suit people's schedules, interests, skills and abilities. If you are interested in joining this programme, contact Helen Morrell by calling her on (08) 9346 6276 or email her on morrellh@ramsayhealth.com.au.

The continuing support of Hollywood Private Hospital and their generous assistance to RSL Highgate

HOLLYWOOD**PRIVATE HOSPITAL**

**THIS NEWSLETTER IS PRINTED AS A SERVICE TO THE VETERAN COMMUNITY
BY THE OFFICE OF THE HON STEPHEN SMITH, MEMBER FOR PERTH**