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Monthly Luncheon

Monday 21 June 2004

Venue: Gallipoli Room, ANZAC House
Time: 11:30 hrs Fellowship 12:30 hrs Luncheon
Speaker: Mr David Hawkes
Topic: Radio Memories - continued

Presidents Report

May Luncheon

The May Luncheon was terrific with over 100 members and guests sitting for lunch and a good talk by our member Richard Adams explaining the Battle of the Coral Sea.

State Congress 10/11 July 2004

The Annual RSL State Congress is to be held next month and Highgate is placing three motions, which have been approved by the committee, before Congress. The Motions (without the preambles) are listed below:

1. NOTICE OF MOTION FOR THE IMMEDIATE PAYMENT OF RENT ASSISTANCE TO WAR WIDOWS.

That the RSL lobby the Federal Government for the immediate payment of rent assistance to war widows.

2. NOTICE OF MOTION FOR THE INDEXATION OF THE GENERAL RATE OF DISABILITY PENSION TO CPI OR MTAW WHICH EVER IS HIGHER

That the RSL continue to lobby the Federal Government to change the proposed indexation of the general rate of disability pension from CPI only to CPI or MTAW whichever is the higher. This change is necessary to bring the indexation into line with that of the above general rate.

3. NOTICE OF MOTION FOR THE EX GRATIA PAYMENT OF \$25,000 TO EX POW OF THE EUROPEAN THEATRE OF WW2

That all POW of the European theatre be paid an ex gratia payment of \$25,000.00

Members 80th Birthday Celebration - Monday 19 July 2003

Planning for this event is well in hand and members should have received their invitations by now. The names of those invited are listed on page 4.

Regards Ian

FORTHCOMING MEETINGS

Committee: 10:00 hrs Monday
5 July 2004

Luncheon: 11:30 hrs. Monday
19 July 2004

Assistant Cashier for June - **Errol Smith**

Members, please assist by bringing the correct money of \$25.00

Highgate News

June 2004

Hospital Visits – Otto Pelczar	New Memberships
Special Note: When entering Hollywood Private Hospital please ensure you tick the boxes marked TPI and Hospital Visitors . This enables our Hospital Visitor to check on you and make sure you are okay or need anything followed up. Unless these boxes are ticked the Hospital Security will not allow official visits from your sub-branch. Otto Pelczar 9311 2429 or, 0408 940 928.	The President requests for all members to endeavour to find at least one new member apiece. Your sub-branch existence depends on the continued input of new memberships.

Sub Wardens Duties

Wreath laying ceremonies currently scheduled at the State War Memorial, Kings Park:

Saturday 10 July 1615 for 1630	RSL State Congress (Please note new timings)
Sunday 11 July 0915 for 0930	Z Special Unit International
Sunday 18 July 1030 for 1045	Assn of the RYA Combatants (Draza Mihailovich)
Sunday 18 July 1145 for Noon	Cypriot Community of WA
Saturday 31 July 1045 for 1100	AATTV Assn

From The Welfare Officer

Have you ever given your feet a thought? How many of us have tired and aching feet at the end of the day? Who checks their feet every day?

Most of us do not even give our feet a thought. Feet are the most used and abused part of our bodies. We should all follow the basic foot care that would help prevent problems. As we grow older our feet need just that extra bit of attention. Look after them and they will look after you.

As a precaution to avoid injury to your feet the following steps should be performed daily:

1. **CHECK YOUR FEET:** This is important, as the sensation to your feet may be impaired. If you have trouble reaching your feet, use a mirror to check the soles of your feet. You should be aware of any cuts, scratches, abrasions, blisters, cracks, corns, and calluses.
2. Wash your feet well and dry them carefully, check between the toes.
3. Moisturize your feet with a suitable cream (Eulactol or similar).
4. Use clean cotton or woolen socks that are not too tight.
5. Protect your feet indoors and out with a shoe that fits well.
6. Cut toenails straight across, and file the corners to prevent sharp edges.
7. Avoid corn plasters or any products with acids unless directed to do so by a trained health care professional.
8. In case of injury, wash and pat dry the area. Apply a good antiseptic (Povidine Iodine or Betadene are a good choice) and cover with a sterile dressing. If no improvement is noted within 24 hours seek professional help to avoid complications.

Remember, if you have any problems or are not sure about something; see your doctor or podiatrist. Your feet carry you around; so it is wise to use them, not abuse them. Thanks to Centrepod Podiatry Centre for this advice on foot care.

Regards from John & Clare Curtis

June 2004

MILESTONES OF WWII – June 1942

Courtesy of Senior Vice President Norm Manners.

(Can you recall what you were doing during these historic events? (Try and refrain from swearing ☺))

In this series, which follows the major events of each month during 1942, we look at one of the most disastrous thirty days in North Africa experienced by the Allies so-far.

June 5 *General Rommel continues his advance to the Egyptian border and announces he has taken four thousand prisoners and destroyed four hundred tanks.*

June 11 *Rommel captures the French-held fortress at Bir Hakeim.*

June 12 *American bombers based in Egypt fly more than nine hundred miles to bomb the Rumanian oil fields at Ploesti.*

June 13 *German scientists test a twelve-ton rocket with a one-ton warhead at Peenemunde*

June 15 *The British cruiser Hermione is sunk during a supply run to Malta as is the destroyer Hasty and the Australian destroyer Nestor is so badly damaged it has to be scuttled.*

June 20 *Rommel begins his assault on Tobruk. That same evening the first German tanks enter the town. Thirteen hours later the Commander of the garrison, South African General Hendric Klopper, surrenders to the Germans.*

Thirty thousand men became POW, and falling into German hands was: two thousand vehicles in working order, two thousand tons of petrol and five thousand tons of rations.

That evening, on learning of the victory, Hitler awarded Rommel a Field Marshal's baton. Rommel reply to Hitler was, "I am going on to Suez."

Churchill was in Washington with Roosevelt when the news broke of the fall of Tobruk and sadly he commented to those in the room at the time "Defeat is one thing, disgrace is another." - It was Roosevelt who broke the silence that followed as he asked, "What can we do to help?"

June 22 *British forces fall back across the Egyptian frontier to Mersa Matruh, which is less than 180 miles from Alexandria.*

On the Pacific coast a Japanese submarine shells a military depot at Fort Stevens, Oregon.

June 23 *An advance party of three hundred British POW's reached Bampong, in Thailand with orders to construct a camp preparatory to the building a railway linking Burma with Thailand using British, Australian and Dutch POW's.*

June 24 *Rommel launches operation Aida, pushing the British back to El Alamein and takes six thousand prisoners. He is now only sixty miles west of Alexandria.*

And on a lighter side...

A British World War II pilot is reminiscing before school children about his days in the air force.

(This is best delivered with a good thick English accent)

"In 1942," he says, "the situation was really tough. The Germans had a very strong air force. I remember, one day I was protecting our bombers when suddenly, out of the clouds, these fokkers appeared."

(At this point, several of the children giggle.)

"I looked up, and one fokker was right above me. I aimed at him and shot him down. They were swarming. I immediately realized that there was another fokker behind me."

(At this instant the girls in the auditorium start to giggle and boys start to laugh.)

The teacher stands up and says, "I think I should point out that 'Fokker' was the name of the German-Dutch aircraft company"

"That's true," says the pilot, "but these fokkers were flying Messerschmidts!"

Highgate News

June 2004

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Hollywood Private Hospital

Always remember, although Hollywood is now a private hospital and open to all patients, it is still primarily the Veterans Hospital for WA and as such has the interests of all veterans at heart at all times. If you have not yet visited or been admitted as a patient in recent times then go along with your spouse for a look – you will be pleasantly surprised at the changes made and the wonderful services now available to all veterans and family. The friendly staff members are always willing to answer questions or point you in the right direction for further advice/observations.

Please take note of the item in the Hospital Visits section above regarding visits by your sub-branch.

MOST URGENT: Barry Long the Secretary wants to give the game away at the end of this year so we are looking for a stalwart to take this role - the pay and conditions are excellent. Please contact the President.

URGENT: Still looking for volunteers for duty on Honour Avenues at Kings Park each Tuesday morning. Phone Norm Manners on 9405 2421, Brian Martin on 9294 1915 or Alf Till on 93875113 for further information.

Members 80th Birthday Celebration – Monday 19 July 2004

Once again the Highgate tradition will come to the fore when we celebrate with members whom attained 80 years of age and a few at 90 plus this year.

This year's list we have put together from our records. Highgate Committee is aware there are

members whom we are unsure of and their birth date is unknown.

The following members are currently invited to partake of the ceremony:

Ken Birks, Lindsay Caddy, Les Gordon, Pat Houlahan, Bill Jamieson, Don Lawrence, Harry Lodge, John Mackay, Roy Marsh, Ian Miller, Vic Murray, Roy Pleydell, Dick Reid, Jim Richards, Tim Rutter, Alan Shellabear, Ron Smith, Tony Smith, Warren Smith, Dick Standing and Bob Wallace.

If your name is not included in the above but you feel you are qualified and would like to attend this wonderful day please contact the Secretary.

Several of the above have already replied with some not able to make it due to ongoing illness. These members will certainly be mentioned as apologies and remembered by ALL on the day.

A special guest was to be long time Highgate member and ex RSL Executive member Paul Pearson who is now 103 years of age.

Unfortunately we have been informed that Paul had a stroke recently and is now in secure care. We wish both he and his wife Ann well.

Highgate Events – 2004

Significant Highgate events for your diary

Mon 19 July - Birthday Luncheon

Mon 16 August – Governor's Visit and talk

Wed 25 August – Ladies Luncheon – Carine

Friday 26 Nov – Ladies Dining Night

Mon 20 Dec – Christmas Luncheon

Mon 21 Feb 2005 – AGM

Highgate Sub-Branch (WA) of the Returned & Services League of Australia

**Ladies Luncheon - Carine TAFE Almadine Drive, Carine 6020
Wednesday 25 August 2004 11:30am for 12Noon.**

The cost for the Luncheon is \$18.00 per head. If attending please complete the form and post, with your cheque to:

**Mr Brian Martin
Treasurer Highgate Sub-Branch
78 Swanview Road
GREENMOUNT WA 6056**

I **will / will not** be attending the Ladies Luncheon on Wednesday 25 August 2004.

My payment for \$..... is attached.

My Name:.....Accompanied by:.....