



HIGHGATE



NEWS

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August 2010

Website: <http://Highgate-rsl.org.au>

The official newsletter of the Highgate (WA) Sub-Branch of the Returned & Services League of Australia

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MONTHLY LUNCHEON

Monday 16 August 2010

Venue: Gallipoli Room

This Luncheon is by way of an experiment. We have no guest speaker and a different meal, suited to mobility. The idea is that we talk, move about, throw ideas around, and tell bigger and better stories.

The cost will be the same i.e. \$25.00 but wines will be included.

Your impressions after or during the lunch, to any committee member, would be appreciated.

Reminder: For those not on the permanent list please advise Bob Arnold of your intended attendance at this luncheon by Wednesday 11th August.

PRESIDENT'S MONTHLY REPORT

Did you leave the Annual OBE luncheon with an extra spring in your step? It was simply grand to see a crowded room with so many members enjoying themselves and paying extra attention to those being honoured. Whilst ill health kept a number of the 80 year olds away, the 90 year old cohort was very well represented. House Manager Matthew Holyday had gone out of his way to decorate the tables and to provide an excellent meal after which Vice President Leon Griffiths introduced each celebrant with a light hearted touch. The lavishly decorated birthday cake was a treat in more ways than one. Well it was certainly a treat to see Bob Mercer doing his best to blow out the candles. His eighty years of experience were not enough - no sooner were the candles out than they were shining brightly again. Sorry Bob, it's a trick usually played on grandchildren rather than grandfathers. The day was rounded off with the drawing of the raffle, the proceeds of which helped to defray the extra expenses. Well done all.

In recent months members have indicated their willingness to support some social activities in addition to the monthly luncheons. With this in mind Vice President Leon Griffiths has been beavering away following up ideas. Arrangements are now confirmed for a very special event, the *Highgate RSL Sub Branch Memorial Luncheon* to take place on Sunday 7 November, full details of which are to be found within the newsletter. Hollywood Private Hospital has been most generous in its support of the occasion which will take place in Kings Park where many members are involved with the Honour Avenues and War Memorials. Do try to make every endeavour to attend the function. I encourage you to book early, to bring your spouse or partner and make it a truly memorable day for Highgate. Leon has other

(Continued on page 2)

FORTHCOMING MEETINGS

Committee: 6 Sep 10

Monthly Luncheon: 20 Sep 10



(Continued from page 1)

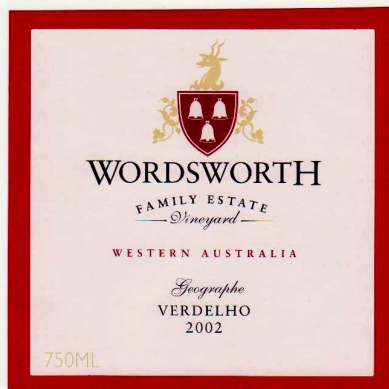
exciting plans in the pipeline so watch this space.

One idea that has been canvassed for rejuvenating our monthly luncheons is to vary the format from time to time. Hence in August there will be no guest speaker but more time for catching up, for sharing memories, experiences and perhaps a few hilarious stories. Then it will be back to business as usual in September when we are very much looking forward to hearing from Bob Trotter who will bring us up to date with the HMAS Sydney project. The AGM will take place in October. We need active members so why not give some thought to joining the Committee?

During his term of office Mo Mulholland persuaded Highgate to establish a presence on the internet through our own website <http://highgate-rsl.org.au>. During the past twelve months the website has been visited more than 5,000 times - an excellent measure of its success. In his role as Website Administrator John Cleary is embarking on a spring clean of the site so it won't be long before you see a new fresh look when you visit.

One way we can keep a smile on the Treasurer's face is to regularly thank him for a myriad of jobs that he does for Highgate, including picking up the mail in Subiaco and attending to the banking. Another way is to keep a handle on costs. Postage has again increased. By using email where possible for newsletters and notices we make a considerable saving. Whilst your Committee is very much aware that for one reason or another many members cannot access a computer, the number receiving newsletters this way is steadily increasing. If you come on board or change your email address be sure to let Bob Arnold know.

Yours in fellowship
Marty



Our grateful thanks to
Wordsworth Family Estate Vineyard
wines
by
David Wordsworth (former MLC)
and
Terry Jackson AM KLJ
for their generous gesture in providing
wines for our raffles and the
consequent increase in our
sub-branch coffers.

MEMBERS PLEASE DON'T FEEL OBLIGATED

But if you have or can obtain something which you consider may be of value as a prize for a raffle your committee would be grateful. It is our aim to supplement our funds so that we can provide more for members, primarily in the way of social activities, and at subsidised costs. Monies raised by raffles will help in this regard.



As a special thank you to all our Nasho customers, we would like to extend a special offer, a free limited edition lapel pin, with only 2,500 being produced. To claim your free Limited Edition lapel pin, simply visit our Canberra showroom at:

65 Kembla Street Fyshwick after August 15.

Can't make it to our showroom?

If you are not able to visit our showroom but would still like a lapel pin you can order an un-numbered standard lapel pin. The front of the pin is the same as the limited edition version but the back is plain and not stamped. The lapel pin is \$6.00 plus postage (calculated at time of order). The lapel pins will be available after August 15 but can be pre-ordered now.

REMEMBRANCE

(With thanks to Bob Mercer)

One Sunday morning, the Pastor noticed little Alex was staring up at the large plaque that hung in the foyer of the church. It was covered with names, and small Australian flags were mounted on either side of it.

The seven year old had been staring at the plaque for some time, so the Pastor walked up, stood beside the little boy, and quietly, "Good morning Alex." "Good morning Pastor" replied the boy, still focussed on the Plaque. "Pastor, what is that?" "Well son, it's a memorial to all the young men and women from our congregation who died in the service."

Soberly they stood together, staring at the large plaque. Little Alex's voice was barely audible, trembling with fear, when he asked "Which service - the 9.45 of the 11.15?"

War involves in its progress such a train of unforeseen and un-supposed circumstances that no human wisdom can calculate the end. It has but one thing certain, and that is to increase taxes.

Prospects on the Rubicon, 1787

What I want to avoid is that my supplies should command me.

Essay on Tactics 1770

(Extracted from The Dictionary of War Quotes - on loan from the library of the RAA Historical Society)



SUB WARDENS DUTIES

Wreath Laying Services currently scheduled at the State War Memorial Kings Park

| | | |
|---------|-------------------|--|
| Sunday | 1 August 2010 | 1210 hrs for 1230 hrs - Macedonian Community Council of WA. |
| Tuesday | 31 August 2010 | 1140 hrs for 1200 hrs - National Malaya Borneo Veterans Association - Merdeka Day |
| Sunday | 12 September 2010 | 1140 hrs for 1200 hrs - Maltese Association of WA Inc. |

Editorial

The hottest topic for years, global warming and its stated effects on the climate, has received the coldest of shoulders in the current election campaign. It is just too difficult and its vote catching appeal is questionable, hence its neglect. And yet it remains a source of great concern. Is it any wonder that many of us view our politicians with cynicism.

Internationally, global warming remains a hot topic especially now that there is, a further contrary view to the popular one that the warming is due to human activities. This again puts the cat among the pigeons. The following is an extract from a recent report by Tom Feilden, Science Correspondent for the BBC Today programme.

(The Global warming narrative - that mankind's addiction to burning fossil fuels is rapidly changing the climate - may be about to go seriously off message.

Far from suggesting the planet will be warmer, one of the world's leading climate modellers says the latest data indicates we could be in for a significant period of steady temperatures and possibly even a little global cooling.

Professor Mojib Latif, from the Leibniz Institute of Marine Sciences at Kiel University in Germany has been looking at the influence of cyclical changes to ocean currents and temperatures in the Atlantic, a feature known as the North Atlantic Oscillation. When he factored these natural fluctuations into his global climate model, Professor Latif found the results would bring the remorseless rise in average global temperatures to an abrupt halt.

"The strong warming effect that we experienced during the last decades will be interrupted. Temperatures

will be more or less steady for some years, and thereafter will pickup again and continue to warm".

With apologies to Al Gore, Professor Latif's finding is something of an 'inconvenient truth' for the global warming debate. And the timing couldn't be much worse. World leaders are due to meet in Copenhagen in December to hammer out an agreement on cutting greenhouse gas emissions to replace the Kyoto Treaty. It certainly won't help if there are a couple of inches of snow on the ground outside the convention centre, and climate models are predicting a sustained period of steady, or even falling, global temperatures.)

Climate sceptics have been around for a long time now and are regularly berated and or ridiculed for the views they hold. The sceptics in Government have been long silenced by the fear that the ridicule will stick and their assessment will cost them votes. It is a humiliation that opposing views, on this topic, cannot be debated in parliament and, maybe, also within the wider community. It is only by discussion in a reasoned and calm manner, without the harassment and belittling of the considerable majority who have accepted that the damage is the product of our excesses, will we reach a considered decision.

We are probably not going to hear a lot more on this topic during the election campaign but there is little doubt that we are in for some mud slinging and many promises in the weeks leading up to the Federal Election.

Oh! could it be but different.

MRS BEETON'S KITCHEN MAXIMS—TIPS FOR OUR BETTER HALF

*There is no work like early work.

*Clear as you go. Muddle makes more muddle.

*Green vegetables should be boiled fast with the lid off.

*A stew boiled is a stew spoiled.

*Scum, as it rises in boiling should be taken off

NEED A LIFT TO ANZAC HOUSE TO ATTEND MONTHLY HIGHGATE LUNCHEONS?

If so please contact me personally on 9244 8072

Ken Bladen



Hollywood Private Hospital leads with first operational angiography suite in Australia

(With thanks to Richard Calautti - Hollywood Private Hospital)

Australia's first and only fully operational Siemens Artis Zeego angiography suite has been launched at Hollywood Private Hospital in Nedlands, and is providing unrivalled cutting-edge medical technology offering increased efficiency and safety to both doctors and patients.

The expansion and substantial refurbishment of existing facilities brings the number of angiography rooms at Hollywood to three. The \$6.1 million new suite includes the installation of a multi-axis cardiovascular imaging system, the first operational system of its kind in an angiography suite in Australia and New Zealand.

Since its launch in mid-June 2010, Hollywood's new angiography suite has already benefited over 60 patients, including patients undergoing endoluminal aortic grafts as well as cardiology procedures. Both medical teams and patients are experiencing the benefits of the new facility in terms of speed, safety, efficiency and patient comfort according to Kevin Cass-Ryall, Executive Director of Hollywood Private Hospital.

"Patients will benefit from this system as doctors will be able to perform procedures with far more speed and safety. The software used within the system enables doctors to accurately map where they are going inside the patient's vessels and results in quicker decision making. It offers radiation-free positioning, more flexibility and mobility and offers the patients and the doctors far more comfort during the procedure," Kevin

Cass-Ryall said.

The new suite offers benefits to many specialists, and now extends to servicing specific needs of cardiologists, electrophysiologists, radiologists, nuclear medicine practitioners, pain specialists and, of course, vascular surgeons.

Some of the key features of the Siemens Artis Zeego machine include:

- Radiation-free positioning of the systems – this is a unique feature which reduces the radiation to our patients and staff considerably.



- Full patient coverage – the motorised arm has the ability to reach out for full head-to-toe imaging.
- A 56" medical grade screen with 8 mega pixel resolution, four times greater than your full HD television at home. This allows for easy image viewing down to the finest detail.
- 21 separate image inputs can be configured to integrate all imaging sources into one display, making it easier for the operator to perform the procedure. This eliminates the use of multiple screens that take up space in the interventional suite and provide

all important information directly where required.

- An even greater degree of positional flexibility as it is not limited to running along a ceiling track, like ceiling mounted systems.
- Wireless footswitch.
- The Tempura table top mattress is heat regulated and moulds to the patient's body to provide a degree of immobilization, is heated and is more comfortable than traditional operating mattresses.

Adjustable working height reduces operator fatigue whilst maintaining sharp focus and superior imaging quality.

Each of the suites has 3D imaging capabilities, to remain at the forefront of technological advances, and all labs are being equipped with Siemens CCTV integration which will be used for conferencing and teaching purposes.

In addition to doctors and patients, the environment will also benefit from the angiography suite. As part of Hollywood's commitment to the environment the new suites will also allow for streamlining of existing processes to offer a paperless environment in the future.

"Both cardiology and vascular operators have experienced great benefit from the flexibility of the Zeego. We are all excited about having the latest technology in Western Australia and, beyond its primary purpose of treating patients, we are very excited at the training potential that this suite will offer the WA medical industry," Kevin Cass-Ryall said.



LAST POST
George Oliver
Lest We Forget

THIS WEEK IN HISTORY: 3 August 1919

The Honour Avenue in Kings Park commemorating servicemen killed in World War I is officially opened.



HIGHGATE RSL SUB-BRANCH MEMORIAL LUNCHEON

Sunday 7th November 2010, 1130am - 3 pm

\$35 per person

Assemble at the Flame

This is a new initiative for the Highgate Sub Branch.

It is designed to recognise the many years of tireless effort put in by Sub Branch members to run State War Memorial ceremonies and to manage and maintain the Honour Avenues at Kings Park on behalf of the RSL of WA. The date has been selected as it is the last official event before changeover to a new State Warden, to acknowledge the retirement of sub-wardens and to coincide with the Remembrance Day period.

At the same time it allows aspiring members, working members and partners of club members to participate and be involved in recognising the work done by members in a most congenial atmosphere at a time more suitable to them.

This year the War Memorial precinct has been upgraded by the Kings Park Board and many members and partners that have not been involved with Sub Branch activities will be able to see this wonderful result.

Although it is not intended to be a formal occasion there will be a short ceremony at the flame beforehand and medals will be presented to retiring sub-wardens at the luncheon.

As guest the retiring Warden Mr Kevin Cass-Ryall will also be thanked for his great effort over the previous year and guests from Kings Park Board will also be invited to attend.

Frasers's Restaurant has been selected for the event due to its ideal positioning to the location of Sub Branch duties and because of its reputation as one of the finest restaurants in Perth.

For those who are not familiar with the cuisine at Frasers you will be treated to top service with a first class all inclusive three-course meal in the finest of surroundings overlooking the Swan River and Perth City. **The menu is overleaf.**

Hollywood Private Hospital has generously supported this event so that it is able to be afforded and enjoyed by as many members and partners as possible.

Hopefully the luncheon will become an annual event on the Sub Branch calendar.

The luncheon is strictly limited to 140 people so please do not leave booking until the last minute.

At \$35 per head it represents unequalled value and you will be guaranteed to have a great day amongst your friends and comrades.

For bookings and enquiries please contact Vice President, Leon Griffiths on telephone: 04390 33399 or email: leon@leongriffiths.com by 4 October 10.

Do not miss this great opportunity.

Come along.

Make it your day to remember.



Highgate RSL Sub Branch Memorial Luncheon

FRASER'S RESTAURANT

KINGS PARK

Generously supported by



Menu

Wines

- Hardys Sparkling
- Hardys Premium Semillon Chardonay
- Hardys Premium Chardonay
- Hardys Premium Riesling
- Hardys Premium Shiraz Cabernet
- Hardys Premium Cabernet Merlot

Beers

- Victoria Bitter Draught
- Carlton Mid Strength Draught
- Cascade Premium Light Draught

Soft Drinks

- Soft Drinks and Juice

Soup

Minestrone soup with duck and veal ravioli and basil oil

Mains

Panfried snapper fillet on porcini mushroom and pearl barley risotto; broccolini and lemon olive oil

or

Chargrilled beef fillet with salt roast potatoes, cress salad and red wine sauce

with

Garden salad

Sweets

Saffron and honey brulee with vanilla bean ice cream and citrus fruits

Freshly brewed coffee and tea